

“I am... the Bread of Life”



John 6:35; 51

John 6:35

- I am the bread of life. He who comes to Me shall never hunger, and he who believes in Me shall never thirst

John 6:51

- I am the living bread which came down from heaven: if any man eat of this bread, he shall live forever: and the bread that I will give is my flesh, which I will give for the life of the world.

What does this mean?

- Jesus Christ is referring to himself as the bread of life
- He is describing how when we come to him we will never be hungry or thirst, this is not physical, but also spiritually
 - He is there to guide us so that we may not grow dim in our faith
- After He had fed the five thousand and the people wanted more free food. But Jesus didn't want to keep filling their stomachs. He wanted them to see that physical food only satisfied hunger temporarily, but He was the One who could satisfy them spiritually. He was saying He is the bread that *provides* life.

What does this mean?

- In John 6:51 He also explains that he is the living bread
- He clearly states that He will give up His flesh (his body, which is the bread) to save the life of this world
 - This is referring to the cross upon which He will die